



VETERANS TIME TRIALS ASSOCIATION (KENT GROUP)

Present the Mick Dansie Memorial 10 Mile Time Trial
Course Q10/24 (Grain-Fenn Corner-Grain)
(Promoted for and on behalf of Cycling Time Trials under their rules and regulations)

Saturday 26th March 2022 at 15.00 (3pm)

Start Sheet

Timekeepers: (Start) Ernie Mackey – Medway Velo Club
(Finish) David Mackey – Medway Velo Club

Awards – Veteran Riders

1 st on age standard	£15
+ The Mick Dansie Trophy to be presented at the VTTA (Kent Group) Annual Lunch on 4 th February 2023	
2 nd on age standard	£10
3 rd on age standard	£5
Fastest Male Vet on actual time	£15
Fastest Female Vet on actual time	£15
1 st Club Team of Two on Age Standard	£10 each

Awards – Non-Veteran Riders

Fastest Non-Vet on actual time	£15
Second Fastest Non-Vet on actual time	£10
Third Fastest Non-vet on actual time	£5

Please note that VTTA members only are eligible for the veterans' awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets' awards by joining the VTTA online before the date of the event at: vttta.org.uk and bringing proof of membership with you on the day.

COMPETITORS NOTES

1. Please note that following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 **it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.**

2. Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 **it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.**
3. **Failure to have a working front & rear light and to be wearing recognised standard protective headgear on the start line will result in you not being allowed to start the event.**
4. Parking is **not permitted at the start or at the finish.**
5. The event HQ is about 1 mile from the start, allow yourself at least 10 minutes to ride there.
6. Riders must not warm up on the course after the start.
7. It would be appreciated if riders do not wear shoe plates in the HQ.
8. There will be a pusher off available to all competitors but please politely decline should you wish not to be pushed off.
9. Please do not attend the event should you feel ill in ANY way especially if you or your family members have experienced any Covid symptoms. An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind so you should DNS and leave the event immediately and not go to the start line and then undertake a lateral flow test.
10. We encourage all competitors to undertake a lateral flow test prior to attending the event and please do not attend the event should your results be positive.
11. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
12. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with BritishCycling to satisfy UCI, CTT and BC anti-doping regulations.
13. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ:– Grain Village Hall, Chapel Road, Isle of Grain, ME3 0BY – Open from 13.30 (1.30pm).

SIGNING ON

The signing on and collection point for your number will be at Grain Village Hall. You must sign on personally before you are able to collect your number, no other person may sign on your behalf.

Turbo warmups are permitted in afternoon events but please be respectful to the local residences and use the Village Hall Car Park for your warmup area.

HQ TO THE START - Turn left out of the car park and follow the main road for 1 mile to reach the start.

AT THE END OF THE RACE

Please note that Regulation 17(b) requires that A rider who fails to sign the official signing out sheet shall be recorded as DNF. Please ensure you check to see if you are required for DOPING CONTROL.

Refreshments will be available in the hall.

RESULTS

Do not approach the finish timekeeper after finishing.

Results will be available as soon as possible after the event has finished and I will be holding a prize

presentation for the winners of the prizes in the Village Hall at the end of the event

Q10/24 COURSE DETAILS - Start on A.228 west of Grain village 14 metres north of the lamppost GFY26 on the Strood bound carriageway, by a minor access road to the National Grid site, where the continuous white road edge line starts. Proceed west on A228 to turn at Fenn Corner roundabout (5.07 miles). (M) Retrace on A.228 to finish directly opposite the lamppost GFY19 situated on Strood bound carriageway. (10 miles)

" **EVENT SECRETARY:** David Mackey, 24 Forest Drive, Chatham, Kent, ME5 9PD
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